

Family Support Groups

Monday

Stay & Play

A relaxed, friendly group for 0–5-year-olds to play and participate in fun activities, with the opportunity to socialise and ask for support.

Beaumont Community Primary School, 14 Durrant Road, Hadleigh, IP7 6GD

9.00am - 11.00am

Term time only

Whitehouse Baptist Church, Waterford Road, Ipswich, IP1 5NW

9.15am - 10.45am

Term time only

Soft Play, Stay & Play

A relaxed, friendly group designed for parents/ carers who are feeling isolated & would like to meet other families & for their 0–5-year-olds to enjoy soft play.

Kingfisher Leisure Centre, Soft Play, Sudbury, CO10 2SU

1.00pm - 2.30pm

Term time only

Tuesday

Stay & Play

A relaxed and friendly group for 0–5-year-olds to play and participate in fun activities, with the opportunity for parents/ carers to socialise and ask for support.

Trinity Methodist Church, Hamilton Rd, Felixstowe, IP11 7AN

10.00am - 11.30am

Term time only

Rendlesham Community Centre, Walnut Tree Avenue, Rendlesham, IP12 2GG

10.00am - 11.30am

Term time only

Stay & Play

Crafts & play activities for military & local families with children 0-5 years.

Honington Social Club, Troston Road, IP31 1NA

9.45am - 11.00am

Term time only

Wednesday

Little Explorers

Art, crafts and sensory play activities for military & local families with children 0-5 years.

Community Centre, Sutton Heath, IP12 3TD

9.00am - 11.30am

Alternate Wednesdays

Stay & Play

A relaxed and friendly group for 0–5-year-olds to enjoy soft play, with the opportunity for parents and carers to meet with other families.

Sunshine Family Hub, Stowmarket Community Centre, IP14 2BD

9.30am - 11.00am

Term time only

Stay & Play

Sessions for 0–2-year-olds to play, enjoy activities good for children's development and an opportunity for parents/ carers to socialise and ask for support.

Dragonflies Family Hub, Wisset Road, Halesworth, IP19 8BT

10.00am - 11.30am

Term time only

Online Social

An opportunity to connect with other families and access support from the comfort of your own home and familiar surroundings.

Virtual group for those unable to access in person groups

10.00am - 11.30am

2nd Wednesday of every month

Family Fun Club

Crafts, family games and activities for military & local parents/ carers and their children 0 - 11 years.

Community Centre, Sutton Heath, IP12 3TD

3.30pm - 5.00pm

Alternate Wednesdays starting 9th Sept

Community Centre, Wattisham, IP7 7RE

3.30pm - 5.00pm

Alternate Wednesdays starting 16th Sept

Thursday

Stay & Play

A relaxed, friendly group for 0–5-year-olds to play, with the opportunity for parents and carers to socialise and ask for support.

Community Centre, Wattisham, IP7 7RE

9.30am - 11.30am

Term time only

Community Connections

Free walk-in group offering play activities, signposting and friendship.

Wellington Family Hub, 52 Chevalier Street, Ipswich, IP1 2PB

9.30am - 11.00am

Weekly

Hillside Family Hub, Maidenhall Approach, Ipswich, IP2 8NY

1.00pm - 2.30pm

Weekly

Friday

Talk & Play

Sessions for 0–5-year-olds to play, enjoy activities promoting speech and language development and an opportunity for parents/ carers to socialise and ask for support.

Kirkley Family Hub Kirkley Street, Lowestoft, NR33 0LU

9.30am - 11.00am

Term time only

Power of Play

A relaxed and friendly group for 0–5-year-olds to play and participate in fun activities, with the opportunity for parents/ carers to socialise and ask for support.

Leiston Family Hub, Waterloo Ave, Leiston, IP16 4HF

10.00am - 11.30am

Term time only

Stay and Play

A relaxed and friendly group for 0–5-year-olds to play and participate in fun activities, with the opportunity for parents/ carers to socialise and ask for support.

Ravenswood Family Hub, Hening Avenue, Ipswich, IP3 9QJ

10.00am - 11.30am

Term time only

**HOME
START**
Suffolk

Family support is just
a small step away

For more information,
please contact 01473 621104

SEND support groups

Wednesday

The ND Pathway Support Group

Group for families where a child has been accepted for an assessment or has a received a diagnosis through the ND Pathway. Invitation only.

Carousel Family Hub,
Bury St Edmunds IP32 6RJ
1.00pm - 2.30pm

9th September, 23rd September,
7th October, 21st October,
4th November, 18th November,
2nd December, 16th December,
13th January, 27th January,
10th February, 24th February

A Time to Be

Connect with parents experiencing similar challenges led by Home-Start Suffolk Lead SEND Navigator, Tracy Clark.

Virtual group for parents with children with additional needs
7.30pm - 8.30pm

7th October
2nd December
3rd February
7th April
2nd June
4th August

Thursday

A Time to Be

Connect with parents experiencing similar challenges led by Home-Start Suffolk Lead SEND Navigator, Tracy Clark.

Virtual group for parents with children with additional needs
10.30am - 11.30am

10th September
5th November
7th January
4th March
6th May
1st July

The ND Pathway Support Group

Group for families where a child has been accepted for an assessment or has a received a diagnosis through the ND Pathway. Invitation only.

Online, via Teams
6.30pm - 7.30pm

10th September, 17th September,
24th September, 1st October,
8th October, 15th October,
22nd October, 29th October,
5th November, 12th November,
19th November, 26th November

Friday

The ND Pathway Support Group

Group for families where a child has been accepted for an assessment or has a received a diagnosis through the ND Pathway. Invitation only.

Leiston Family Hub, Watlerloo
Road IP16 4HF
12.30pm - 2.00pm

18th September, 2nd October,
16th October, 30th October,
13th November, 27th November,
11th December, 8th January,
22nd January, 5th February,
19th February, 5th March

**HOME
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For more information about our SEND groups, please contact Tracy on 07840 157729

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