

Group Support Volunteer

Volunteer Role Profile



At Home-Start Suffolk we believe that everything begins with family. And that Suffolk should be a place where families never have to struggle in silence behind closed doors.

**Family support is just
a small step away**

About Home-Start Suffolk

Home-Start Suffolk is an independent charity, providing critical support to families of all kinds that are struggling in silence behind closed doors. We help open those doors, enabling Suffolk children and families to find their self-belief and the confidence to take those first small steps back towards the future they deserve.

We carefully match hundreds of children and families every year with over 250 exceptionally well trained volunteers, giving valuable time and opening the door to real understanding. Home-Start Suffolk help them to navigate the support they need and get back to the future they deserve - because everything begins with family.

Location:

Various community venues across Suffolk.

Responsible to:

Family Support Team

Purpose of the role:

Group Support Volunteers play an important role in helping families feel welcomed, supported and connected through Home-Start Suffolk's community groups and activities.

As a Group Support volunteer, you will support the delivery of a range of family-focused sessions across Suffolk, helping create a safe, friendly and inclusive environment where parents and children can build confidence, friendships and support networks.

This is a rewarding opportunity for someone who enjoys working with people, supporting children and families, and being part of a positive community environment.

What you could be doing:

Tasks may include:

- Supporting a range of family groups and activities across Suffolk.
- Welcoming families and helping them feel comfortable and included.
- Assisting with group activities, play sessions and parental courses.
- Providing encouragement and informal emotional support to parents and carers.
- Helping prepare and tidy activity spaces before and after sessions.
- Supporting children's play and interaction during groups.
- Helping families build confidence and connections within their community.
- Assisting Home-Start Suffolk staff to ensure sessions run smoothly

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Our groups may include Stay & Play sessions, infant massage, Special Educational Needs support groups, military family groups, cooking courses, and pre and post-natal support sessions.

What we are looking for:

We are looking for volunteers who are:

- Warm, friendly and approachable.
- Passionate about supporting children and families.
- Good communicators with a positive and encouraging attitude.
- Reliable and willing to work as part of a team.
- Patient, understanding and non-judgemental.
- Comfortable engaging with people from different backgrounds and experiences.
- Willing to complete volunteer preparation training

No previous experience is required - just enthusiasm, empathy and a willingness to get involved.

What you will gain:

Volunteering with Home-Start Suffolk is a great way to:

- Make a positive difference to local families.
- Meet new people and be part of a welcoming team.
- Gain experience supporting community groups and activities.
- Build confidence and develop new skills.
- Support children and families within your local community.
- Access training and ongoing support.
- Experience the reward of helping families feel connected and supported.

Time commitment:

This role is flexible and can fit around your existing commitments. Volunteers may support weekly or occasional sessions depending on availability and the needs of the service.

Training & support

All volunteers receive preparation training and ongoing support from the Home-Start Suffolk team. We are committed to ensuring every volunteer feels confident, valued and supported throughout their volunteering journey.

REGISTER YOUR INTEREST TODAY