



“ —

Thank you for making me feel understood and listened to. It has enabled me to feel more confident in my own decisions

Training Dates

You can take a look at our next training dates on our website.

Please follow the QR code to find out when we are next holding our training sessions.



About Us

At Home-Start Suffolk, we aim to create a society where children thrive through healthy relationships with their peers. Our mission is to empower parents with the skills, knowledge and emotional resilience to help their children flourish.

Our trained volunteers provide practical, emotional and non-judgmental support to families with children under 12, facing challenges such as mental health issues, loneliness, disability and domestic abuse. They offer professional friendship, helping parents build confidence, strengthen relationships and improve wellbeing.

Contact

Phone:

01473 621104

Website:

homestartinsuffolk.org

Email:

headoffice@homestartinsuffolk.org

Address:

8A The Square
Martlesham Heath
Ipswich, IP5 3SL

Registered Charity No. 1105001



Volunteer

**Take the time to connect
and change a life**

About Home-Start Suffolk

Volunteer Roles

Your journey to volunteering



www.homestartinsuffolk.org

Volunteer Roles

Home Visiting Support

Home-Visiting Volunteers provide 1 to 1 support to families in their own home. They provide emotional and practical support once a week to parents, helping to improve the wellbeing of the whole family.

Telephone Support

Telephone and Virtual Support Volunteers provide emotional support through listening and talking to parents over the phone or via online video calls. This role offers flexibility to volunteers who may have more limited availability.

Group Support

Group Support Volunteers help set up and run activities at one of the group sessions we run. They help create a safe and nurturing environments for parents attending and can help signpost parents to other support services available.

Fundraising Support

Fundraising & Event Volunteers support Home-Start in Suffolk to raise money, either by supporting existing fundraising events or organising their own.

Your journey to volunteering

1

Register your Interest

You can register your interest in becoming a volunteer on our website, or call us on 01473 621104

2

Receive a Call Back

You'll receive a call back to discuss the different volunteering roles, provided with a brief overview about Home-Start and discuss the type of support you may be able to provide.

3

Complete an Application Form

You will receive an application form to complete and provide 2 references. Once completed we will arrange an informal interview over Zoom to get to know you and give you an opportunity to ask any questions.

4

Complete Training

You'll be invited to complete 5 x 3-hour online training sessions. Once completed, you will be matched with a family based on your availability.
Home-Visiting Volunteers will also need to attend an additional in-person session.

Other ways to support us

If volunteering is not an option for you right now, but you would still like to support Home-Start Suffolk, we welcome donations. Simply use the QR code below to find out how.



Perhaps you would like to organise your own fundraising event or participate in a challenge? Whether it's a one-off event or a personal challenge, your support makes a difference.

Please get in touch by contacting:

fundraising@homestartinsuffolk.org

